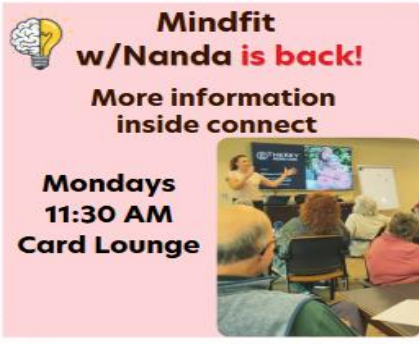
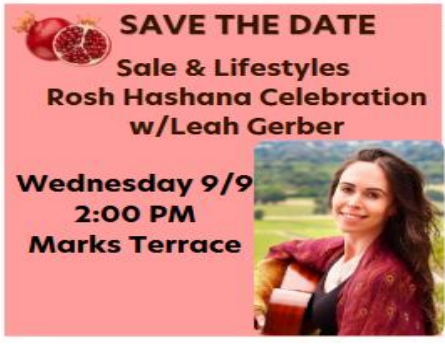


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <i>"Welcome to August where everyday feels like a Sunday"</i>	 Mindfit w/Nanda is back! More information inside connect Mondays 11:30 AM Card Lounge	 SAVE THE DATE Bridging Deaf & Hearing Culture Through Movement & Dance Wednesday 8/12 1:30 pm Marks Terrace	 SAVE THE DATE Birthday Happy Hour Luau & Hula Performance Tuesday 2:00 PM North Courtyard	 SAVE THE DATE Sale & Lifestyles Rosh Hashana Celebration w/Leah Gerber Wednesday 9/9 2:00 PM Marks Terrace	ROOM KEY: 2E: E Elevator Lobby near MS, Floor 2 AC: Arts & Crafts Studio, E Floor 3 AL: Assisted Living Dining Room, E Floor 3 B: Bistro, In the Dining Room, J Floor 1 CL: Card Lounge, E Floor 4 CS: Ceramic Studio, K Floor 4 DR: Dining Room, J Floor 1 L: Library, J Floor 3 LL: Lifestyle Lounge, E Floor 2 MT: Marks Terrace, H Floor 1 MVR: Mt. View Room, H Floor 2 NC: NorthCourtyard, Near Mail Room Floor 1 SC: South Courtyard, Outside MT Floor 1 T: Theatre (Media Room), M Floor 3 Z: Zoom Link	
2 9:35 Walking Club 11:00 Hebrew Café (Z) 2:45 Rummikub (CL) 3:30 Special Three- Generation Piano Recital (MT) 7:30 Movie: "Thelma & Louise" (T)	3 9:00 Gentle Yoga w/Lily (Z) 9:30 Gentle Stretch & Tone (MT) 10:00 Shopping: San Antonio 10:30 Strong for Life (MT) 11:30 Mind Fit (CL) 1:15 JCC Fit: Strength & Balance (JCC) 3:00 Pinot & Postcards (MT) 3:30 Ceramic Class (CS)	4 9:00 Men's Club (Z) 10:00 Town Hall & RAC Meeting (Z) Zoom meeting available to watch LIVE (MVR) 11:30 Tai Chi Fitness w/Corinna (MT) 1:00 Moldaw Market 1:00 Shopping: Downtown Los Altos 2:30 ACE Committee (LL) 3:00 Watercolor Open Studio (AC) 3:30 Big Movement (MT) 7:00 Rummikub (CL)	5 9:30 Balance & Fall Prevention (MT) 10:15 Strength Training w/Larry (CL) 10:30 Chef's Forum (B) 10:30 Mandarin w/Jane (LL) 10:45 Kehillah High School (MVR) 2:00 Professor Di Bono History Lecture (MT) 2:00 Build/Grounds Committee (Z) Note Earlier Date 2:30 Advanced-Beginner Mahjong (CL) 6:00 Sing Along w/Kimberlye (AL) 7:00 Moldaw Singers (MT)	6 9:30 Lotus Dance (MT) 11:00 Literature w/Phil Lumish (MT) 11:00 Calm Movement Class w/Empower me (CL) 1:00 The Needle Club (AC) 2:00 Men's Club (LL) 3:30 Big Movement (MT) 7:15 Not Your Usual Accordion Performance w/Michael Morganstern (MT)	7 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/Mwezo (MT) 9:30 JCC Class: Aqua Fitness (JCC) 11:00 Hebrew for Beginners (MVR) 11:00 Bike Club (Fabian Entry Plaza) 1:00 Shopping: San Antonio 1:00 Moldaw Market 2:00 The Eastern Sierra: California's Treasure Box. Part 1 w/Talila (MT) 5:00 Welcoming Shabbat (MT)	8 11:15 ACE Exc: Music @ Menlo 11:00 Big Movement (MT) No Class 1:00 Mahjong (Intermediate at 1:00, Advanced at 2:00) (CL) 3:00 Scrabble (MVR) 3:00 Movie: "A Man Called Ove" (T)
9 9:35 Walking Club 11:00 Hebrew Café (Z) 11:00 Book Club (MVR) 2:45 Rummikub (CL) 7:30 Movie: "Jersey Boys" (T)	10 9:00 Gentle Yoga w/Lily (Z) 9:30 Gentle Stretch & Tone (MT) 10:00 Shopping: San Antonio 10:30 Strong for Life (MT) 11:30 Mind Fit (CL) 1:15 JCC Fit: Strength & Balance (JCC) 3:00 Watercolor for You w/Mel & Sue (AC)	11 9:00 Men's Club (Z) 10:00 Dining Committee (Z) 11:30 Tai Chi Fitness w/Corinna (MT) 1:00 Shopping: Grant Road 1:00 Moldaw Market 2:00 Artificial Intelligence Lecture Series by Adi Aloni (MT) 3:00 Watercolor Open Studio (AC) 3:30 Big Movement (MT) 7:00 Rummikub (CL)	12 9:30 Balance & Fall Prevention (MT) 10:15 Strength Training w/Larry (CL) 10:30 Mandarin w/Jane (LL) 1:30 Two Worlds Dance Performance w/Jill & Amnon (MT) 2:30 Advanced-Beginner Mahjong (CL) 2:30 Flower Arranging (LL) 3:00 Health Committee Meeting (Z) 6:00 Sing Along w/Dave (AL) 7:00 Moldaw Singers (MT)	13 9:30 Lotus Dance (MT) 9:30 ACE Exc: UC Berkeley Botanical Garden 11:00 Literature w/Phil Lumish (MT) 11:00 Calm Movement Class w/Empower me (CL) 1:00 The Needle Club (AC) 1:00 Moldaw Market Meeting (MVR) 2:00 Men's Club (LL) 3:30 Big Movement (MT) 7:15 Sing Along w/Keith Kreft (MT)	14 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/Mwezo (MT) 9:30 JCC Class: Aqua Fitness (JCC) 11:00 Hebrew for Beginners (MVR) 11:00 Bike Club (Fabian Entry Plaza) 1:00 Shopping: San Antonio 1:00 Moldaw Market 1:30 Rabbi Faith Joy Dantowitz (MT) 3:00 Monologues (MVR) 5:00 Welcoming Shabbat (MT)	15 10:00 Tech Made Simple w/Dave (MT) 11:00 Big Movement (MT) No Class 1:00 Mahjong (Intermediate at 1:00, Advanced at 2:00) (CL) 3:00 Scrabble (2E) Location Change 3:30 W(h)ine a Little Social (NC) Note Later Date 7:30 Movie: "Pirates of the Caribbean: The Curse of the Black Pearl" (T)
16 9:35 Walking Club 11:00 & 1:30 Luau Brunch (DR) 11:00 Hebrew Café (Z) 2:45 Rummikub (CL) 5:00 Movie Night: "The Phantom of the Opera" (T) Late Afternoon Movie	17 9:00 Gentle Yoga w/Lily (Z) 9:30 Gentle Stretch & Tone (MT) 10:00 Shopping: San Antonio 10:30 Strong for Life (MT) 11:30 Mind Fit (CL) 1:15 JCC Fit: Strength & Balance (JCC) 3:00 Pinot & Postcards (MT) 3:30 Ceramic Class (CS)	18 9:00 Men's Club (Z) 10:00 What's on Your Mind w/Mark (MT) 11:30 Tai Chi Fitness w/Corinna (MT) 1:00 Moldaw Market 1:00 Shopping: Nordstrom Rack/Ikea 2:00 Birthday Happy Hour Luau & Hula Performance (NC) 3:00 Watercolor Open Studio (AC) 3:30 Big Movement (MT) 7:00 Rummikub (CL)	19 9:30 Balance & Fall Prevention (MT) 10:15 Strength Training w/Larry (CL) 10:30 Mandarin w/Jane (LL) 1:30 Discussion of Israel (MVR) 2:00 Sales Event: Medicare Talk (MT) 2:30 Go Green Committee (LL) 2:30 Advanced-Beginner Mahjong (CL) 4:00 Memoir Writing Class w/Sam (MVR) 6:00 Sing Along w/Kimberlye (AL) 7:00 Moldaw Singers (MT)	20 9:30 Lotus Dance (MT) 10:15 ACE Exc: Explore Downtown Burlingame 11:00 Art Lecture w/Phil Lumish (MT) 11:00 Calm Movement Class w/Empower me (CL) 1:00 The Needle Club (AC) 2:00 Men's Club (LL) 3:30 Big Movement (MT) 7:15 Realms of Fantasy Music Performance w/Michael & Elizabeth (MT)	21 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/Mwezo (MT) 9:30 JCC Class: Aqua Fitness (JCC) 11:00 Hebrew for Beginners (MVR) 11:00 Bike Club (Fabian Entry Plaza) 1:00 Shopping: San Antonio 1:00 Moldaw Market 5:00 Welcoming Shabbat (MT)	22 11:00 Big Movement (MT) No Class 1:00 Mahjong (Intermediate at 1:00, Advanced at 2:00) (CL) 3:00 Scrabble (MVR) 3:00 Movie: "Dirty Grandpa" (T)
23 9:35 Walking Club 11:00 Hebrew Café (Z) 2:45 Rummikub (CL) 3:00 Movie: "Jersey Girl" (T)	24 9:00 Gentle Yoga w/Lily (Z) 9:30 Gentle Stretch & Tone (MT) 10:00 Shopping: San Antonio 10:30 Strong for Life (MT) 11:30 Mind Fit (CL) 1:15 JCC Fit: Strength & Balance (JCC) 3:00 Watercolor for You w/Mel & Sue (AC)	25 9:00 Men's Club (Z) 11:00 Committee of Chairs (MVR) 11:30 Tai Chi Fitness w/Corinna (MT) 1:00 Moldaw Market 1:00 Shopping: Costco Plaza 2:00 The Design of American Quarter Dollars w/Arthur Bernstein (MT) 3:00 Watercolor Open Studio (AC) 3:30 Big Movement (MT) 7:00 Rummikub (CL)	26 9:30 Balance & Fall Prevention (MT) 10:00 Budget & Finance (Z) 10:15 Strength Training w/Larry (CL) 10:30 Mandarin w/Jane (LL) 1:30 Who was the Real James Bond? w/Dr. Ross McDougall (MT) 2:30 Flower Arranging (LL) 2:30 Advanced-Beginner Mahjong (CL) 6:00 Sing Along w/Kimberlye (AL) 7:00 Moldaw Singers (MT)	27 9:30 Lotus Dance (MT) 9:30 ACE Exc: John Muir Museum + Lunch in Martinez 11:00 Literature w/Phil Lumish (MT) 11:00 Calm Movement Class w/Empower me (CL) 1:00 The Needle Club (AC) 2:00 All Staff Meeting (MT) 2:00 Women's Discussion Group (AL) 2:00 Men's Club (LL) 3:30 Big Movement (MT)	28 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/Mwezo (MT) 9:30 JCC Class: Aqua Fitness (JCC) 11:00 Hebrew for Beginners (MVR) 11:00 Bike Club (Fabian Entry Plaza) 1:00 Shopping: San Antonio 1:00 Moldaw Market 1:30 Rabbi David Booth (MT) 3:00 Monologues (MVR) 5:00 Welcoming Shabbat (MT)	29 11:00 Big Movement (MT) No Class 1:00 Mahjong (Intermediate at 1:00, Advanced at 2:00) (CL) 3:00 Scrabble (MVR) 3:00 Movie: "Bad Moms" (T) 7:15 Marco & Marie Performance (MT)
30 9:35 Walking Club 11:00 Hebrew Café (Z) 2:45 Rummikub (CL) 7:30 Movie: "Stripes" (T)	31 9:00 Gentle Yoga w/Lily (Z) 9:30 Gentle Stretch & Tone (MT) 10:00 Shopping: San Antonio 10:30 Strong for Life (MT) 11:30 Mind Fit (CL) 1:15 JCC Fit: Strength & Balance (JCC) 2:30 Are We Alone in the Universe? w/Dr. Pascal Lee (MT)					