

NOVEMBER 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Vanessa Barajas
MS Lifestyles Coordinator
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X 3635



2 Daylight Saving

10:15 Chair Stretches (CL)
10:45 Charade Games (CL)
11:00 Creative Coloring
11:30 Friendly Visits!
2:30 Afternoon Snack!
4:00 Musical Broadway
6:30 One-to-One w/ Care Staff

3

10:15 Morning Greetings!
10:30 iN2L: Sing w/ Susie
11:00 Seated Exercises (MS)
11:30 Brain Games (CL)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Relaxing Music
6:30 One-to-One w/ Care Staff

4

10:15 Morning Greetings
10:15 Chair Exercises (CL)
11:00 Campus Walk!
11:00 iN2L: Virtual Traveling
2:00 Sing w/ Jeff Buenz (MS)
2:00 Friendly Visits w/ Lifestyles!
2:30 Afternoon Snack
4:00 Read & Relax
6:30 One-to-One w/ Care Staff

5

10:15 Morning Greetings!
10:15 Seated Strength Training w/ Larry CL)
11:00 iN2L: Family Feud
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Classic Films
6:30 One-to-One w/ Care Staff

6

10:15 Morning Greetings!
10:30 Meal Mastermind
10:45 iN2L: Finger Painting
11:00 Furry Friends (MS)
11:00 Calm Movement Class (CL)
2:30 Afternoon Snack
3:30 Crafting w/ Lifestyles! (CL)
6:30 One-to-One w/ Care Staff
7:30 Keith Kreft of the Grateful Dads Music Performance (E104)

7

10:15 Morning Greetings!
10:30 Beauty Spa Day!
11:00 Chair Yoga (CL)
1:30 Rabbi Heath Watenmaker (PR)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Welcoming Shabbat
6:30 One-to-One w/ Care Staff

8

10:15 Chair Exercises (CL)
10:45 Word Games (CL)
11:00 Doodle Drawing
11:30 Friendly Visits!
2:30 Afternoon Snack!
4:00 Musical Movie
6:30 One-to-One w/ Care Staff

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10:15 Chair Stretches (CL)
10:45 Charade Games (CL)
11:00 Creative Coloring
11:30 Friendly Visits!
2:30 Afternoon Snack
4:00 Musical Broadway
6:30 One-to-One w/ Care Staff

10 Irene's Birthday!

10:00 Birthday Celebration!
10:30 iN2L: Sing w/ Susie
11:00 Seated Exercises (MS)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Relaxing Music
6:30 Hashirim Sing-Along (MS)

11 Veterans Day

10:15 Morning Greetings
10:30 Reminiscing
11:00 iN2L: Today in History
1:30 Veterans Day Movie
2:30 Afternoon Snack
4:00 Read & Relax
6:30 One-to-One w/ Care Staff

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10:15 Morning Greetings!
10:15 Seated Strength Training w/ Larry CL)
11:00 iN2L: Family Feud
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Classic Films
6:30 One-to-One w/ Care Staff

13

10:15 Morning Greetings!
10:30 Meal Mastermind
10:45 iN2L: Finger Painting
11:00 Calm Movement Class (CL)
2:30 Afternoon Snack
3:30 Crafting w/ Lifestyles! (CL)
6:30 One-to-One w/ Care Staff
7:30 American Chamber Music Performance (E104)

14

10:15 Morning Greetings!
10:30 Beauty Spa Day!
11:00 Chair Yoga (CL)
1:30 Rabbi Yosef Marcus (PR)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Welcoming Shabbat
6:30 One-to-One w/ Care Staff

15

10:15 Chair Exercises (CL)
10:45 Word Games (CL)
11:00 Doodle Drawing
11:30 Friendly Visits!
2:30 Afternoon Snack!
3:30 Friendly Visits!
4:00 Musical Movie
6:30 One-to-One w/ Care Staff

16

10:15 Chair Stretches (CL)
10:45 Charade Games (CL)
11:00 Creative Coloring
11:30 Friendly Visits!
2:30 Afternoon Snack!
4:00 Musical Broadway
6:30 One-to-One w/ Care Staff

17

10:15 Morning Greetings!
10:30 iN2L: Sing w/ Susie
11:00 Seated Exercises (MS)
2:00 Movie Matinee (T)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Relaxing Music
6:30 One-to-One w/ Care Staff

18

10:15 Morning Greetings!
10:15 Chair Exercises (CL)
11:00 Campus Walk!
11:00 iN2L: Virtual Traveling
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Read & Relax
6:30 One-to-One w/ Care Staff

19

10:15 Morning Greetings!
10:15 Seated Strength Training w/ Larry CL)
11:00 Thank-FULL Picnic w/ Lifestyles! (MVR)
2:30 Afternoon Snack
4:00 Classic Films
6:30 One-to-One w/ Care Staff

20

10:15 Morning Greetings!
10:30 Meal Mastermind
10:45 iN2L: Finger Painting
11:00 Sing w/ Jeff Buenz (MS)
11:00 Calm Movement Class (CL)
2:30 Music Lecture w/ Nurit Jugend (PR)
3:30 Crafting w/ Lifestyles! (CL)
6:30 One-to-One w/ Care Staff

21

10:15 Morning Greetings!
10:30 Beauty Spa Day!
11:00 Chair Yoga (CL)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Welcoming Shabbat
6:30 One-to-One w/ Care Staff

22

10:15 Chair Exercises (CL)
10:45 Word Games (CL)
11:00 Draw your Thoughts
2:30 Afternoon Snack!
4:00 Musical Movie
6:30 One-to-One w/ Care Staff

23

10:15 Chair Stretches (CL)
10:45 Charade Games (CL)
11:00 Creative Coloring
11:30 Friendly Visits!
4:00 Musical Broadway
6:30 One-to-One w/ Care Staff

24

10:15 Morning Greetings!
10:30 iN2L: Sing w/ Susie
11:00 Seated Exercises (MS)
2:00 Movie Matinee (T)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Relaxing Music
6:30 Hashirim Sing-Along (MS)

25

10:15 Morning Greetings!
10:15 Chair Exercises (CL)
11:00 Campus Walk!
11:00 iN2L: Virtual Traveling
2:30 Friendsgiving Birthday Happy Hour! (OFJCC)
4:00 Read & Relax
6:30 One-to-One w/ Care Staff

26 Thanksgiving Eve

10:00 Morning Greetings!
10:15 Scenic Drive!
10:15 Seated Strength Training w/ Larry CL)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Classic Films
6:30 One-to-One w/ Care Staff

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28

10:15 Morning Greetings!
10:30 Beauty Spa Day!
11:00 Chair Yoga (CL)
2:30 Afternoon Snack
3:30 Friendly Visits w/ Lifestyles!
4:00 Welcoming Shabbat
6:30 One-to-One w/ Care Staff

29

10:15 Chair Exercises (CL)
10:45 Word Games (CL)
11:00 Doodle Drawing
11:30 Friendly Visits!
2:30 Afternoon Snack!
4:00 Musical Movie
6:30 One-to-One w/ Care Staff

30

10:15 Chair Stretches (CL)
10:45 Charade Games (CL)
11:00 Creative Coloring
2:30 Afternoon Snack
4:00 Musical Broadway
6:30 One-to-One w/ Care Staff
7:30 Unaccompanied Minors Music Performance (E104)

MEMORY SUPPORT CALENDAR

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE