

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>1</b>  <b>Labor Day</b>  9:00 Gentle Yoga w/Lily (Z)  9:30 Gentle Stretch &amp; Tone (PR)  10:00 Shopping: <b>No Shopping</b>  10:30 Strong for Life (PR) <b>No Class</b>  11:00 &amp; 1:30 <b>Labor Day Brunch (MT)</b>  1:30 JCC Fit: Strength &amp; Balance (JCC)  3:30 Tai Chi w/Jason (CL) <b>No Class</b>  4:30 <b>Movie: "Tootsie" (T)</b></p>	<p><b>2</b>  9:00 Men's Club (Z)  9:30 Pacific Hearing (MVR) <b>Date Change</b>  10:00 Town Hall (Z) <b>Zoom meeting available to watch LIVE (PR)</b>  <b>1:00 Music in the Afternoon (OFJCC)</b>  1:00 Shopping: Downtown Los Altos  1:00 Moldaw Market  2:30 ACE Committee (LL)  3:30 Big Movement (SC)  7:00 Rummikub (CL)</p>	<p><b>3</b>  9:30 Balance &amp; Fall Prevention (PR)  10:00 <b>Challah Braiding for Rosh Hashana w/Kehillah High (NC)</b>  10:15 Strength Training w/Larry (CL)  10:30 Chef's Forum (MVR)  10:30 Mandarin w/Jane (LL)  10:45 JCC Class: Pickleball (JCC)  2:00 <b>Literature w/Phil Lumish (PR) Date/Time Change</b>  2:45 Advanced-Beginner Mahjong (CL)  6:00 Sing Along w/Kimberlye (AL)  7:00 Moldaw Singers (PR)</p>	<p><b>4</b>  9:30 Lotus Dance (PR)  10:30 <b>Professor Di Bono History Lecture (PR) Date/Time Change</b>  11:00 ACE Exc: Lunch &amp; Stroll Burlingame  11:00 Furry Friends (CL)  1:00 The Needle Club (AC)  2:00 Men's Club (LL)  3:30 Big Movement (SC)</p>	<p><b>5</b>  9:00 Breathing Yoga w/Lily (Z)  9:30 S.A.I.L. w/Mwezo (PR)  11:00 Hebrew for Beginners (MVR)  11:00 Bike Club (Fabian Entry Plaza)  1:00 Shopping: San Antonio  1:00 JCC: Aqua Fitness (JCC)  1:00 Moldaw Market  1:00 <b>Short Stories (MVR) Back!</b>  2:00 Sales Event (PR)  5:30 Welcoming Shabbat (JCC-E104)</p>	<p><b>6</b>  11:00 Big Movement (SC)  <b>1:00-4:00 Mahjong</b> (Intermediate at 1:00, Advanced at 2:00) (CL)  3:00 Scrabble (MVR)  3:00 <b>Movie: "The Music Man" (T)</b></p> <p><b>Transportation to synagogue available by appointment.</b></p>	
<p><b>7</b>  9:45 Walking Club  11:00 Hebrew Café (Z)  2:00 Shopping: Stanford Mall, Town &amp; Country California Ave  2:45 Rummikub (CL)  3:00 <b>NYC: The Good, the Bad, and the Thrilling (PR) Just added</b>  7:30 <b>Movie: "Senior Moment" (T)</b></p> <p><b>Transportation to church available by appointment.</b></p>	<p><b>8</b>  9:00 Gentle Yoga w/Lily (Z)  9:30 Gentle Stretch &amp; Tone (PR)  10:00 Shopping: San Antonio  10:30 Strong for Life (PR)  1:30 JCC Fit: Strength &amp; Balance (JCC)  2:00 <b>Matters of Memory Care w/Sally Duplantier (PR)</b>  3:00 <b>Watercolor w/Sue (AC) New Time</b>  3:30 Tai Chi w/Jason (CL)</p>	<p><b>9</b>  9:00 Men's Club (Z)  10:00 Dining Committee (Z)  1:00 Moldaw Market  1:00 Shopping: Grant Road  2:00 <b>Explore Sequoia National Park w/Talila (PR)</b>  3:00 <b>Watercolor Open Studio (AC) Just Added</b>  3:30 Big Movement (SC)  7:00 Rummikub (CL)</p>	<p><b>10</b>  9:30 Balance &amp; Fall Prevention (PR)  10:15 Strength Training w/Larry (CL)  10:30 Mandarin w/Jane (LL)  10:45 JCC Class: Pickleball (JCC)  1:30 <b>Rosh Hashana Celebration (NC)</b>  2:30 Flower Arranging (LL)  2:45 Advanced-Beginner Mahjong (CL)  3:00 Health Committee (Z)  6:00 Sing Along w/Kimberlye (AL)  7:00 Moldaw Singers (PR)</p>	<p><b>11</b>  9:30 Lotus Dance (PR)  9:45 ACE Exc: Monterey Bay  11:00 <b>Literature w/Phil Lumish (PR)</b>  1:00 The Needle Club (AC)  2:00 Men's Club (LL)  2:00 <b>Rosh Hashana Card Making (AC)</b>  3:30 Big Movement (SC)  7:30 <b>Music Performance by Lisa Egert-Smith (JCC-E104)</b></p>	<p><b>12</b>  9:00 Breathing Yoga w/Lily (Z)  9:30 S.A.I.L. w/Mwezo (PR)  11:00 Hebrew for Beginners (MVR)  11:00 Bike Club (Fabian Entry Plaza)  1:00 Shopping: San Antonio  1:00 JCC: Aqua Fitness (JCC)  1:00 Moldaw Market  1:30 <b>Rabbi Arthur Nemitoff (PR)</b>  2:30 Monologues (MVR)  5:30 Welcoming Shabbat (PR) <b>Location Change</b></p>	<p><b>13</b>  10:00 <b>Tech Q&amp;A w/Dave (Z)</b>  11:00 Big Movement (SC)  <b>1:00-4:00 Mahjong</b> (Intermediate at 1:00, Advanced at 2:00) (CL)  3:00 Scrabble (MVR)  3:00 <b>Movie: "Brooklyn" (T)</b></p> <p><b>Transportation to synagogue available by appointment.</b></p>
<p><b>14</b>  9:45 Walking Club  11:00 Hebrew Café (Z)  11:00 Book Club (MVR)  2:00 Shopping: Stanford Mall, Town &amp; Country California Ave  2:45 Rummikub (CL)  2:00 <b>Styling Event (PR) Time Change</b>  7:30 <b>Movie: "Letters to Juliet" (T)</b></p> <p><b>Transportation to church available by appointment.</b></p>	<p><b>15</b>  9:00 Gentle Yoga w/Lily (Z)  9:30 Gentle Stretch &amp; Tone (PR)  10:00 Shopping: San Antonio  10:30 Strong for Life (PR)  11:30 <b>Brain Games (CL)</b>  1:30 JCC Fit: Strength &amp; Balance (JCC)  2:15 <b>What's on Your Mind w/Mark (PR)</b>  3:30 Tai Chi w/Jason (CL)</p>	<p><b>16</b>  9:00 Men's Club (Z)  10:00 RAC Meeting (Z) <b>Zoom meeting available to watch LIVE (PR)</b>  1:00 Moldaw Market  1:00 Shopping: Nordstrom Rack/Ikea  2:00 <b>Happy Hour: Birthday Cafe (NC)</b>  3:00 <b>Watercolor Open Studio (AC)</b>  3:30 Big Movement (SC)  7:00 Rummikub (CL)</p>	<p><b>17</b>  9:30 Balance &amp; Fall Prevention (PR)  10:15 Strength Training w/Larry (CL)  10:30 Mandarin w/Jane (LL)  10:45 JCC Class: Pickleball (JCC)  11:00 <b>Better Together w/ Hausner (NC)</b>  1:30 <b>Sleep Lecture w/Dr. Ryan Van Wert (PR)</b>  2:30 Go Green Committee (LL)  2:45 Advanced-Beginner Mahjong (CL)  6:00 Sing Along w/Kimberlye (AL)  7:00 Moldaw Singers (PR)</p>	<p><b>18</b>  9:30 Lotus Dance (PR)  9:45 ACE Exc: Berkeley Quilt Show &amp; Lunch at Homeroom Berkeley  11:00 <b>Literature w/Phil Lumish (PR)</b>  1:00 The Needle Club (AC)  1:30 <b>Music Lecture w/Nurit Jugend (PR)</b>  2:00 Men's Club (LL)  3:00 <b>Women's Discussion Group (Z)</b>  3:30 Big Movement SC</p>	<p><b>19</b>  9:00 Breathing Yoga w/Lily (Z)  9:30 S.A.I.L. w/Mwezo (PR)  11:00 Hebrew for Beginners (Z)  11:00 Bike Club (Fabian Entry Plaza)  1:00 Shopping: San Antonio  1:00 JCC Class: Aqua Fitness (JCC)  1:00 Moldaw Market  1:30 <b>Rabbi Yosef Levin (PR)</b>  5:30 Welcoming Shabbat (JCC-E104)</p>	<p><b>20</b>  11:00 Big Movement (SC)  <b>1:00-4:00 Mahjong</b> (Intermediate at 1:00, Advanced at 2:00) (CL)  3:00 Scrabble (MVR)  3:00 <b>Movie: "Shakespear in Love" (T)</b></p> <p><b>Transportation to synagogue available by appointment.</b></p>
<p><b>21</b>  9:45 Walking Club  11:00 Hebrew Café (Z)  2:00 Shopping: Piazza's Plaza, Mitchell Park Library  2:45 Rummikub (CL)  3:00 <b>Movie: "Crossing Delancy" (T)</b></p> <p><b>Transportation to church available by appointment.</b></p>	<p><b>22 Rosh Hashana Eve</b>  9:00 Gentle Yoga w/Lily (Z)  9:30 Gentle Stretch &amp; Tone (PR)  10:00 Shopping: San Antonio  10:30 Strong for Life (PR)  1:30 JCC Fit: Strength &amp; Balance (JCC)  3:00 <b>Watercolor w/Sue (AC)</b>  3:30 Tai Chi w/Jason (CL)</p>	<p><b>23 Rosh Hashana</b>  9:00 Men's Club (Z)  10:30 <b>Movie: "Funny Girl" (T)</b>  1:00 Moldaw Market  1:00 Shopping: Costco Plaza  3:00 <b>Watercolor Open Studio (AC)</b>  3:30 Big Movement (SC)  5:00 <b>Special Rosh Hashana Dinner (MT)</b>  7:00 Rummikub (CL)</p>	<p><b>24 Rosh Hashana</b>  9:30 Balance &amp; Fall Prevention (PR)  10:15 Strength Training w/Larry (CL)  10:30 Mandarin w/Jane (LL)  10:45 JCC Class: Pickleball (JCC)  2:30 Flower Arranging (AC)  2:45 Advanced-Beginner Mahjong (CL)  6:00 Sing Along w/Kimberlye (AL)  7:00 Moldaw Singers (PR)</p>	<p><b>25</b>  9:30 Lotus Dance (PR) <b>No Class</b>  9:45 ACE Exc: Goat Farm Durantes  10:00 Budget &amp; Finance Committee (Z) <b>New Date</b>  11:00 <b>Literature w/Phil Lumish (PR)</b>  1:00 The Needle Club (AC)  2:00 Build/Grounds Committee (Z) <b>New Date</b>  2:00 Men's Club (LL)  2:00 All Staff Meeting (PR)  3:30 Big Movement (SC)  7:30 <b>Songs for a Sweet New Year w/Leah Gerber (JCC-E104)</b></p>	<p><b>26</b>  9:00 Breathing Yoga w/Lily (Z)  9:30 S.A.I.L. w/Mwezo (PR)  11:00 Hebrew for Beginners (MVR)  11:00 Bike Club (Fabian Entry Plaza)  1:00 Shopping: San Antonio  1:00 JCC Class: Aqua Fitness (JCC)  1:00 Moldaw Market  1:30 <b>Rabbi Laurie Matzkin (PR)</b>  2:30 Monologues (MVR)  5:30 Welcoming Shabbat (JCC-E104)</p>	<p><b>27</b>  10:00 <b>Tech Q&amp;A w/Dave (PR)</b>  11:00 Big Movement (SC)  <b>1:00-4:00 Mahjong</b> (Intermediate at 1:00, Advanced at 2:00) (CL)  3:00 Scrabble (MVR)  3:00 <b>Movie: "A Serious Man" (T)</b>  7:30 <b>Baroque Cello Performance (JCC-E104)</b></p> <p><b>Transportation to synagogue available by appointment.</b></p>
<p><b>28</b>  9:45 Walking Club  11:50 ACE Exc: SF Symphony  11:00 Hebrew Café (Z)  2:00 Shopping: Stanford Mall, Town &amp; Country California Ave  2:45 Rummikub (CL)  3:00 <b>Movie: "Bullet Train" (T)</b></p> <p><b>Transportation to church available by appointment.</b></p>	<p><b>29</b>  9:00 Gentle Yoga w/Lily (Z)  9:30 Gentle Stretch &amp; Tone (PR)  10:00 Shopping: San Antonio  10:30 Strong for Life (PR)  11:30 <b>A Clinical Look at Constipation (PR)</b>  1:30 JCC Fit: Strength &amp; Balance (JCC)  2:30 <b>Teatime with Nirit (LL)</b>  3:00 <b>Ceramic Class (Ceramic Studio)</b>  3:30 Tai Chi w/Jason (CL)</p>	<p><b>30</b>  9:00 Men's Club (Z)  10:30 <b>Ceramic Class (Ceramic Studio)</b>  1:00 Moldaw Market  1:00 Shopping: Costco Plaza  2:00 <b>Art Lecture w/Phil Lumish (PR)</b>  3:30 Big Movement (SC)  7:00 Rummikub (CL)</p>				<p><b>ROOM KEY:</b>  <b>AC:</b> Arts &amp; Crafts Studio, E Floor 3  <b>AL:</b> Assisted Living Dining Room, E Floor 3  <b>CL:</b> Card Lounge, E Floor 4  <b>CS:</b> Ceramic Studio, K Floor 4  <b>L:</b> Library, J Floor 3  <b>LL:</b> Lifestyle Lounge, E Floor 2  <b>MT:</b> Marks Terrace, H Floor 1  <b>MVR:</b> Mt. View Room, H Floor 2  <b>NC:</b> NorthCourtyard, Near Mail Room Floor 1  <b>PR:</b> Plaza Room, M Floor 1  <b>SC:</b> South Courtyard, Outside MT Floor 1  <b>T:</b> Theatre (Media Room), M Floor 3  <b>Z:</b> Zoom Link</p>

Subject to change after printed, please refer to the weekly and daily schedule posted around the community