

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Transportation to church available by appointment. 9:45 Walking Club 10:00 VivAsia Lotus (CT) 11:30 Hebrew Café (Z) 12:15 ACE Excursion: Berkeley Rep 2:00 Strength & Vitality (Z)	31 9:00 Gentle Yoga w/Lily (Z) 9:30 Workout w/ Mwezo (CT/SC) 10:00 San Antonio Shopping 10:30 Strong for Life (CT) 2:00 Mah Jongg (PR) 2:00 Learn Mah Jongg (CL) 3:30 Tai Chi with Jason (CT)				<h1>SAMPLE</h1>	1 Transportation to synagogue available by appointment. 10:00 Tech Q&A with Dave Casuto (Z) 11:00 Big Movement (CT/SC) 1:30 Weekend Movie (MT) 6:45 ACE Excursion: Stanford Jazz Festival
2 Transportation to church available by appointment. 9:45 Walking Club 10:00 VivAsia Lotus (CT) 2:00 Strength & Vitality (Z) 2:00 Stanford Mall Shopping	3 9:00 Gentle Yoga w/Lily (Z) 10:00 San Antonio Shopping 11:30 Women's Discussion Group with Michele (PR) 1:00 Short Story with Joan (MVR) 2:00 Mah Jongg (PR) 2:00 Learn Mah Jongg (CL)	4 HAPPY INDEPENDENCE DAY 11:00 & 1:30 4th of July BBQ (NC) 3:00 Big Movement (CT/SC) 4:00 Fourth of July Celebration with the Don Neely Jazz Trio (CT) 7:00 Scrabble (CL)	5 10:00 Town Hall (Z) 10:00-1:00 Peel Tech (near J1 door) 10:30 Strong for Life (CT) 1:30 ACE Committee (MVR) 2:30 Flower Arranging (LL) 3:30 Time Together—Bingo! (CT)	6 10:00 ACE Excursion: Shop & Dine at Santana Row 10:30 Furry Friends (Lobby) 3:00 Art Reception (Mailroom) 3:30 Big Movement (CT/SC) 7:00 Moldaw Singers (CT)	7 9:00 Breathing Yoga w/Lily (Z) 10:30 Moldaw Market 11:00 Bike Club 11:00 Chair Yoga with Lily (PR) 12:00 Bridge with Gloria (PR) 1:00 San Antonio Shopping 2:00 Sing Along with Leslie (CL) 5:00 Oneg Shabbat (CT)	8 Transportation to synagogue available by appointment. 11:00 Big Movement (CT/SC) 1:30 Theo Fong—Saxophone Concert (CT)
9 Transportation to church available by appointment. 9:45 Walking Club 10:00 VivAsia Lotus (CT) 11:30 Hebrew Café (Z) 2:00 Strength & Vitality (Z) 2:00 Nordstrom Rack & Ikea	10 9:00 Gentle Yoga w/Lily (Z) 9:30 Workout w/ Mwezo (CT/SC) 10:00 San Antonio Shopping 10:30 Strong for Life (CT) 1:00 Monologues (MVR) 1:00 AWE Art Class (AS) 2:00 Mah Jongg (PR) 2:00 Learn Mah Jongg (CL) 3:30 Tai Chi with Jason (CT) 7:00 HaShirim Choir Rehearsal (CT)	11 10:00 Dining Committee (Z) 11:30 Ingredients Pick Up (MVR) 12:00 Baking (Z) 1:00 Grant Road Shopping 2:00 Moldaw Market 2:00 Building & Grounds (Z) 3:00 Time Together: National Mojito Day (CT) 3:30 Big Movement (CT/SC)	12 9:30 Balance & Fall Prevention (CT/SC) 10:30 Strong for Life (CT) 10:30 Chef's Forum (FSL) 2:00 Current Events Discussion with Phil Lumish (NC) 2:30 Flower Arranging (LL) 3:00 Health Committee (Z) 4:00 Book Club (MVR)	13 10:00 ACE Excursion: The Contemporary Jewish Museum, SF 2:00 Private Event (CT) 3:30 Big Movement (CT/SC) 7:30 Moldaw Singers Special Sing Along Concert (CT)	14 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/ Mwezo (CT/SC) 10:30 Moldaw Market 11:00 Bike Club 11:00 Chair Yoga with Lily (PR) 1:00 San Antonio Shopping 1:30 Rabbi Weissman-Beth Am (CT) 2:00 Sing Along with Leslie (CL) 5:00 Oneg Shabbat (CT)	15 Transportation to synagogue available by appointment. 10:00 Tech Q&A with Dave Casuto (Z) 11:00 Big Movement (CT/SC) 1:30 Weekend Movie (MT)
16 Transportation to church available by appointment. 9:45 Walking Club 10:00 VivAsia Lotus (CT) 11:00 & 1:30 Sunday Brunch (DR) 11:30 Hebrew Café (Z) 2:00 Strength & Vitality (Z) 2:00 Stanford Mall Shopping	17 9:00 Gentle Yoga w/Lily (Z) 9:30 Workout w/ Mwezo (CT/SC) 10:00 San Antonio Shopping 10:30 Strong for Life (CT) 11:30 Explore Your Next Chapter - Discussion Group with Michele (PR) 1:00 Short Story with Joan (MVR) 2:00 Transportation Committee (MVR) 2:00 Mah Jongg (PR) 2:00 Learn Mah Jongg (CL) 3:30 New Residents Orientation (CT)	18 10:00 Prof. Reno Di Bono (CT) 1:00 PA Middlefield shopping 1:30 Grief Support Group (PR) 2:00 Moldaw Market 2:30 Birthday Happy Hour (NC) 3:30 Big Movement (PR/SC) 4:00 ACE Excursion: Music @ Menlo 7:00 Scrabble (CL)	19 9:30 Balance & Fall Prevention (CT/SC) 10:30 Strong for Life (CT) 2:30 Flower Arranging (LL) 2:30 Private Staff meeting (CT) 5:30 Mingle at Dinnertime (DR)	20 11:00 ACE Excursion: Lunch at Shoreline Lake Bistro 2:00 Mysteries of Mushrooms with Steve Warner (CT) 3:30 Safety Committee (PR) 3:30 Big Movement (CT/SC) 7:00 Moldaw Singers (CT)	21 9:00 Breathing Yoga w/Lily (Z) 9:30 S.A.I.L. w/ Mwezo (CT/SC) 10:30 Moldaw Market 11:00 Bike Club 11:00 Chair Yoga with Lily (PR) 12:00 Bridge with Gloria (PR) 1:00 San Antonio Shopping 2:00 Sing Along with Leslie (CL) 5:00 Oneg Shabbat (CT)	22 Transportation to synagogue available by appointment. 11:00 Big Movement (CT/SC) 1:30 Weekend Movie (MT)
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